

**BREAKFAST - Served 9am-11.30am**

**Porridge** - Made to order with milk / dairy free milk and served plain with local honey £3 (DF/V/VEG)

**Ziggy's Homemade Granola** - Baked oats, nuts, dried fruit & berries, apple, chia seeds and Linseed. Served with milk / dairy free milk or plain yoghurt £3 (DF/V/VEG)

**Burcher Muesli** - Oats, apple, dried fruit, chia seeds soaked overnight in oat milk, maple syrup, honey, vanilla and topped with red berry fruit compote, desiccated coconut and pumpkin seeds £3 (DF/V/VEG)

**Toast** - Served just with butter or choose from jam, local honey, proper nutty peanut butter or marmalade £2.50 (DF/V)

**Fresh Baked Teacake** - Served just with butter or choose from jam, local honey or marmalade £2.50 (V)

**Spilman's Full Breakfast** - 2 bacon, 2 sausage, fried egg, homemade baked bean, tomato and mushroom mix, spinach, served with a slice of toast. £8

**Farmer Tom's BIG Breakfast** - 3 bacon, 3 sausage, 2 eggs, homemade baked bean, tomato and mushroom mix, spinach, served with a double round of toast! £11

**Spilman's Veggie Breakfast** - Seasonal Vegetable hash, fried egg, homemade baked bean, tomato and mushroom mix, spinach, served with a slice of toast. £7

(V / GF - Without Toast)

**Home-baked Bean Mix on Toast** - homemade baked bean, tomato and mushroom mix, served with buttered toast. £4.50 (V)

**Bacon Sandwich** £4.50 (DF)\*

**Sausage Sandwich** £4.50 (DF)\*

\*GF Bread available

**For Little People...** If you would like a child's portion of any breakfast item, please ask at the counter when placing your order.



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October Opening Hours: Everyday 10am – 4pm